

# Warwick Boat Club

## Rowing Newsletter

May 2017

## Race Reports

## Evesham Regatta

The first side by side regatta of the year at Evesham saw several standout performances, and four wins over the weekend.

For several members this was their first taste of side by side racing, and there were a couple of members who went for the traditional 'swim' for their novice win – well done to Steve Sidaway and Olivia



Joyce. There were also wins for Chris Skuse (masters E1x) and Jonny Messling (IM1 1x). This was the ninth regatta in a row that Jonny has come away with a win – we're looking forward to that continuing!

### Gavirate International Regatta, Italy

Congratulations to Emma Tod, who picked up her first GB vest and her first win at Gavirate on the 13th/14th May with the GB para-

rowing squad. She was in a crew with a couple of returning Rio gold medalists, and is now looking forward to the World Champs in Florida later in the year.



We have also had crews representing the club at Wallingford, Notts City, Notts Masters and Club and Shrewsbury recently. Well done all.

## Racing – a reminder

Well done to all of you who raced this weekend. Hopefully the beginning of a successful season.

It has been suggested, particularly for newer members, that a few racing reminders might be useful so here's my pre-race checklist.

- Get your entries to Kate Rider in plenty of time before the regatta. The earlier the better. Many regattas will close before the published deadline if oversubscribed.
- Book your boat out for the weekend. You can do this more than a week ahead for races if your boat usage has been confirmed and entry accepted.
- Remember boat loading and unloading. You are expected to attend both, and if you can't make it please ask someone to cover for you. Boat loading is usually at 6.30pm the day before an event.
- Every event publishes 'instructions to competitors' on their website. You must read these carefully in advance of the race, and ensure you know exactly where and how you register, when you need to boat, and the circulation pattern for the event.

  Don't rely on it being the same as last year- this isn't always the case.
- If there is anything else you want help or advice with please just ask. I, or any of the coaches, will be happy to help out or point you in the right direction.



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## April Committee Meeting Highlights

Boat usage, regular club sessions, a safety reminder and socials

### **Boat Permissions**

A current list of boat permissions is now available on the website <u>here</u>. If you are currently using a 'Captain's Permission' boat and your name does not appear on this list then please email

rc@warwickboatclub.co.uk. This may be an over-sight, but it is important that everyone helps to keep this list up to date so that we can ensure no clashes of use, particularly at regattas.

### Safety

A reminder that all incidents and near-misses should be reported, either in the book in the coxes cupboard, or online on the British Rowing website. An 'incident' is anything that causes damage to equipment or injury, or has the potential to do so. This includes bumps to boats on and off the water (however minor), collisions on the water and capsizes amongst other things.

### Mix-Ins and Side-by-side

The lighter nights mean that we can now re-start the regular club summer sessions. This includes **mixins** and **side-by-side** sessions.

Following conversations with Warwick Boats, the committee have decided to make some changes to these. Warwick Boats have offered to keep their dragon boats off the water on a Wednesday, leaving the whole session free for us. We in turn would ensure that the 500m was clear for them to race their dragon boats on a

Friday evening. This wouldn't mean that we couldn't row on a Friday, just that we would need to keep to the top of the river, above the sailing club.

## From Monday 22<sup>nd</sup> May the club sessions will be as follows:

Wednesday – Side-by-side. Two sessions, one from 6.15pm-7.30pm and one from 7.45pm – 9pm. Please see email for circulation plan and rules for this session.

Thursday – Mix-In. 6pm – 7.30pm. All welcome, just meet up at the boathouse and the coach running the session will arrange crews.

If you have any issues or comments on the new session times please drop me an email at

rc@warwickboatclub.co.uk.

## Dates for your diary...

## Regattas and Heads

Metropolitan Regatta – 3<sup>rd</sup> – 4<sup>th</sup> June (senior crews only – entries close 10<sup>th</sup> May)

Peterborough Spring Regatta – 3<sup>rd</sup>/4<sup>th</sup> June (all crews – entries close 20<sup>th</sup> May).

Stratford – 17<sup>th</sup> June (all crews, but particularly suitable for novice and junior crews).

Entries for Henley Royal Regatta, Henley Women's Regatta and British Masters to Kate Rider asap please.

#### Social Events

Wednesdays 17th May - Post mix-in food / BBQ Saturday 28th October – Rowing Section Annual Dinner

LINK: Current Boat Permissions

LINK: Calendar